

# 30 Days in Nova Scotia, Canada

By: Denver Balanag, TTS\*

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*The Land of Many Dreams*

*Dreams Come True If and Only If You Chase it.*

*You own the Desire to Be Different which is Only Somebody's Thought*

## **The Day.**

It was a sunny Sunday in Bermuda on August 18. Time Check, 3:00 pm. I called a cab to make my call time in the airport. I have to meet friends over there and it is time for me to leave Bermuda for now.

Thank you for the wonderful 9 years. I have roomed around the Island, make friends and at this time it is ripe. Ripe to depart this tiny beautiful Island that I enjoyed much of my time overseas.

One of the good things? I knew very well of the places, streets and known spots (leisure, beach, restaurants, fishing spots and more) If you think I am lying, then feel free to send me an email. Besides, I write this mini ebook not about Bermuda in detail but my journey towards my next destination and this is,

## **Nova Scotia Canada.**

6:50 pm, everybody's checked in and the plane is late. Well, it is on time but there is a scenario in the tarmac which I don't care much. I was thinking, since I am looking forward to my destination hoping that I can make it on time for my connecting flight because my Business Partner is waiting for me at not so well time (12:40 AM). I hate waiting and I hope he doesn't mind.

7:40 pm. glad we are hitting the runway for take off. Thanks to the wonderful stewardess for making us all laugh demonstrating how to deal with emergencies in case it happens. Though most of the passengers know, it is a mandatory for any aircraft to do.

Kudos to the Pilot and his team of this aircraft, it was a smooth landing and we all landed safe in Ontario, my first lay over. It was 9:40 pm. I have a little adrenaline rush because the lay over time is just an hour. Plus the delay.

I never thought I can make it to my next flights since it was my first time to travel in another foreign country using their issued Visa.

So here I am palpitating inside the aircraft. As soon as I get off the plane. I rushed to the kiosk, and another challenge, is to pass through a self serve kiosk, less hassle for every one who tried it many times but a little time consuming in a first time like me. I took a deep breath and glance at my wrist watch, I have 30 minutest left to make it to the gate.

I waited another 10 minutes because there is another person in front of me and in a luck, it didn't took too long for the immigration officer to check my papers. I went on and checked out my luggage's to be dropped to the next conveyor. Though you are in Canada or probably in any other countries, don't be comfortable that you only pass one security. I went another security check before heading to departures to catch my next flight. I was sweating a little bit because I only have 5 minutest left and I believe that by this time all of the passengers are boarding already.

As soon as I got through security, I went to information to locate my gate and informed him that I am about to catch a flight and luckily (really out of hands) that there is a delay again in the tarmac. I am relieved that something is happening on my favor.

As soon as I am in que in the airport, I was communicating with my business partner. I don't want anybody waiting for me too long. And our last messages was to let him know if I am able to catch my plane, otherwise, he will have to either book a place to sleep for my next flight or let me catch a cab when I arrived. Nice.

It wasn't bad, when I reached at the gate and heard about the delay, I message him (business partner) back saying I made it and just waiting to board and informed him as well that it will be delayed for an hour at least though the desk person said the delay is only for 15 minutes. It wasn't new to me to have delays in the airport, everything is multipliyed by the time so better give ample time.

Then we boarded and on taxi by 10:45 pm. Ontario is 1 hour behind Nova Scotia. It was a good landing again at Halifax. Monday, August 19. Great, it is almost 1:30 in the morning and my business partner is still happy to see me. He post a good smile and we talked and took just a bit an hour drive home to Kingston.

Wew!

Read on until the end and you will know what I did for Thirty Days in Nova Scotia.

Cheers!

There is no such a perfect day or moment to start anything you want to do, at the end, the most important part is you started and you aim to achieve some thing out of nothing.

What will you read below is a raw day to day activity that I have done in my 30 days in Nova Scotia, Canada. The land that once plan to visit and stay and now it is becoming a reality.

**30 Days: Breakdown.**  
**Here you go.**

August 19.

We take the day rest until mid day. We went to eat brunch in our restaurant around 3 pm in the afternoon and my business partner drive me around the base Home of the 14 Wing Atlantic Canada. Love it.

August 20.

Had a first Meet with the staff in the restaurant @ 9 am.

Went also to check on cars since it is a necessity to roam around and to do our business. I have met Jon at Honda and Sherry at CIBC.

August 21.

Starts to work and deal in the restaurant introducing my self to our local and loyal clients.

Called the bank for an appointment to open a bank account.

Met a wonderful woman a young once and she told me that she has a restaurant as well and be willing to hire me to run it. My response? Thank her and told: "Somebody already did" with a smile in the face and we both laugh and smiled. I believe she will come back again to see me.

Helped the staff serve tables and meet people and do some dishes whenever possible.

A full good day start.

August 22.

Checked supplies. Opened the restaurant with Andrea. Room around the kitchen and observe.

August 23.

Learn how to make dough with Dexter.

Went to get SIN.

Close the restaurant with Mari-len.

August 24.

Made dough for the day by myself. Finished on time with Dex help. :)

Work on spreadsheets.

Talked to some staff for their expectation from me.

August 25.

Fixed dry storage.

Wife leaving East Asia to be with me. Not sure if she can pass Immigration because she was hold once.

August 26.

My first day OFF.  
Wife arrives in Nova Scotia.  
Had breakfast in Halifax.  
First Grocery.

August 27.

Went to get SIN for wife.  
Drive around nearby villages.

August 28.

Printed Wastage Sheet.  
Count latest inventory.  
Work on numbers.

August 29.

Put up FB ad for our restaurant.  
Busy night for the restaurant.  
I noticed, everywhere I go, people is there. Not sure if I am a magnet or it just a coincidence. ;)

August 30.

Write a first Memo for the staff for paid out and voids.  
Inventory, because we had a holiday next day.  
Knocked off early.

August 31.

Atlantic Canada Air Show.  
Busy evening.  
Talked to our Delivery Driver.

September 1.

Continuation of Atlantic Canada Airshow.  
2 staff had issue, sick one and guest service.

September 2.

Went to Digby for training approximately 3-4 days.  
A 50 minutes drive from Kingston.  
Learned a lot.

September 3.

Another day for 55 minutes drive. It is foggy this time.  
Thanked Doug for his hospitality and inputs.  
We finished almost everything in 2 days.

September 4.

Train front of house staff.

Telling one at a time my expectation how to run the restaurant.

September 5.

Fix bumpy tables in the dining area.

Training other front of house staff.

September 6.

Training back of house (kitchen).

Learned how to prep food and cook food.

Posted FB ads.

September 7.

Supposed to trained again at the kitchen.

Bring Dexter to the airport at 6 am.

Hurricane Dorian arrived by late afternoon.

Closed the resto at 2 pm.

September 8.

Went to the park and enjoy the day with wife at mid day and open the resto around 2 pm.

As expected, busy day and night after the hurricane because there is no electricity on majority of houses.

September 9.

Another busy day, 3<sup>rd</sup> day no electricity.

Worked with staff buzzing tables and delivery of food to the table.

September 10.

Appointment in the bank.

Work with Holly at lunch time.

September 11.

Had a steady lunch.

Focused on the buffet and talks to staff both front and back.

September 12.

Finished Traincancampus training for Basics First Food Handling Course Online.

Organize storage room.

September 13.

Another busy day, it seems it is as usual now.

We have the Nova Scotia Power guys eating with us again.

They did a great job restoring power services to the community.



September 14.

Had to talk to one staff and give a verbal warning.

Had an issue with a guest complaining for no reason. (Counting them).

September 15.

OFF.

Go to Kentville, New Minas and Wolfville villages.

Ate Crepes at Naked Crepe in Wolfville.

September 16.

Slow day.

Planning to go home early.

September 17.

Another productive day.

Fixed a lot of things.

Worked with numbers.

September 18.

Starts at 10 am.

Heard an issue that I supposed to know ahead of time.

Let everybody know that I should be notified ASAP.

September 19.

Met with Chris our District Manager.

Had discussed a lot of things.

Work with figures and how to run things.

Very informative.

September 20.

Good day.

Productive day.

Passed the Food Handling Course Exam.

September 21.

Another good evening for the restaurant.

Remind staff how I want to run the restaurant to the standard.

Looking forward to work with all the staff every single day.

Watch out for my 60th day journey here in Nova Scotia.

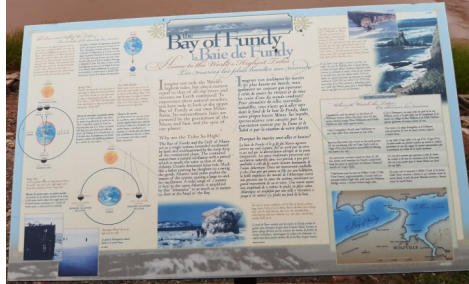
Thank you for reading.

Note:

\*TTS – The Trouble Shooter

Some places I have seen in Nova Scotia so far. (Disclaimer: All photos taken from my A50 phone)

Halifax, Greenwood, Kingston, Middleton, Berwick, Kentville, New Minas, Wolfville, Digby, and Annapolis Royale. Here are some photos as a proof.



Some local beers around with brewery and restaurant.



## **What Nova Scotia has to offer?**

I'm thinking, what else Nova Scotia can do for me? I guess I should find out, shouldn't I? I have seen places, and prospect businesses. Nova Scotia has a lot of potential just like the rest of Canada. It is a massive land that needs to be tilled by those who are able. This is one of the reason why there are lots of invitation to come and stay here. I know and understand it will take some time, but it will never be a hindrance to think and present new ideas around here. It will happen, that is for sure.

Next month, I am going to drive to Moncton, New Brunswick for a seminar.

And, me and my business partner will go back there on November for a group gathering.

I hope to meet you one day, I am just an email away.

## **About the Author:**

Denver is an Overseas Filipino Worker since 2006. He taught Computer Subjects in College for two years from 2010 – 2012. He put up a Junk shop business in February 2014, and loss everything in August 2017. Then, he went back to work Overseas for more years to pay debts and earn more. Wrote this book and another book on How to Get Rid of Manyana Habit which will be out before end of this year. He is also preparing for business plans on Writing Books and Consultancy on how to grow businesses in Restaurants and Real Estate. He is looking for partnership in opening New Take Out cafes. He had trained 25 people in the Hospitality Industry and got a great feedback. Also, at this time he is a Consultant to two restaurants in the Philippines specifically in Alaminos City, Pangasinan.

As it seems, he is not stopping. To get connected with him, write an email to  
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